

## FOR THE GOOD TIMES

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**MUSIC:** "For the Good Times", Daniel O'Donnell (*From Daniel with Love*), Track 11,  
 3:43 as downloaded (available as a download from Amazon)

**RHYTHM/PHASE:** Bolero V (average difficulty)

**FOOTWORK:** Opposite unless otherwise noted

**SPEED** Slow to 2-3% if desired.

**SEQUENCE:** INTRO A B INTERLUDE A B ENDING

INTRODUCTION

- 1-2 LOW BFLY WALL WAIT; 2 SLOW ROCKS;  
 1 {wait} Low BFLY WALL 1d ft free wait;  
 2 {2 sl rks} Side L w/ hip roll, -, sd R w/ hip roll, -;
- 3-6 START A FAN INTO HOCKEY STICK (LADY SPIRAL)::: LUNGE BREAK;  
 3 {fan} Sd & bk L, -, bk R, rec sd L fcg WALL (sd & fwd R, -, fwd L, bk R trng LF);  
 4 {start hockey stk} Sd R, -, fwd L, bk R (W sm bk L to fan pos, -, cl R, fwd L);  
 5 {fin hockey stk} Sd L & slightly bk, -, sd & fwd R w/slight RF trn, fwd L DRW  
 (fwd R [(optional spiral LF), -, fwd L, fwd R trng LF ½ und jnd hnds);  
 6 {lunge brk} Sd & fwd R, -, lower on R extending L sd & slightly bk, rise on R bringing lady fwd  
 (W sd & bk L, -, bk R contra ck sit line, rec fwd L);

PART A

- 1-4 LEFT PASS TO HANDSHAKE; ½ MOON:: REVERSE UNDERARM TURN;  
 1 {L pass} CP Sm sd & fwd L trng slightly RF & shaping twd ptr, -, rec R trng LF, sd & fwd L  
 cont LF trn joining RR hnds to end fcg ptr & COH (W fwd R trng RF w/ bk to ptr, -, sd & fwd L strong LF trn,  
 bk R);  
 2-3 {1/2 moon} Sd R, -, ck thru L to sd by sd pos M's L arm beh W, rec R to fc: Sd & bk L trng LF, -,  
 bk R w/slipping action, fwd L cont trn to fc WALL (W sd & fwd R, -, fwd L XIF of M trng LF, sm step sd R);  
 4 {rev undarm trn} Keeping handshake sd R, -, XLif, rec R to fc WALL (W sd L, -, XRif trng ½ LF und joined R  
 hnds fwd L cont LF trn to fc ptr);
- 5-8 BREAK BACK W/ MAN'S HEADLOOP TO LEFT ½ OPEN; SWITCH & WALK 2 2X::: HIP RKS;  
 5 {brk bk w/ M's headloop to left ½ OP} Sd L looping joined hnds over M's head & releasing them to M's shoulder, -,  
 brk bk R, rec L to Left ½ OP RLOD;  
 6-7 {switch & walk 2 2X} Fwd & sd R trng sharply to ½ OP "V" pos LOD, -, rec fwd L, fwd R; Fwd & sd L trng  
 sharply to left ½ OP "V" pos RLOD, -, rec fwd R, fwd L;  
 8 {hip rks} Blending to low BFLY sd R, -, rk L, rec R;
- 9-12 PREP AIDA; AIDA LINE W/ HIP ROCKS; HORSESHOE TURN ENDING; FORWARD BREAK;  
 9 {prepare aida} Sd L taking trl arms up & over, -, thru R comm RF trn (LF) sd L cont RF;  
 10 {aida line w/ hip rks} Bk R to "v" bk to bk pos fcg RLOD, -, rk fwd L sweeping trl hnd fwd,  
 rec R to aida line;  
 11 {horseshoe turn ending} Fwd L comm LF (W RF) circle walk, -, fwd R lead W und jnd hnds, fwd L  
 to fc DLC;  
 12 {fwd brk} Sd & fwd R, -, fwd L, bk R;
- 13-16 CHKD RIGHT PASS; M RONDE TO FWD BRK; NAT TOP 3 FC WALL; SD RLOD BREAK BK REC;  
 13 {checked R pass} Fwd & sd L raising L hnd trng RF to fc lady commencing rotation around Lady placing R hnd on  
 W's R hip cking her fwd motion, -, XRif of L cont rotation around W, fwd & sd L to W's L sd lowering jnd hnds  
 to wrap pos (W fwd R raising R arm as if to comm undarm trn, -, XLif of R, bk R);  
 14 {M ronde to fwd brk} Fwd R ronde L ft cont RF trn to fc ptr & COH, -, ck fwd L, rec R  
 (W sd & bk L, -, bk R, rec L);  
 15 {nat top 3} Sd & fwd L, -, XRif cont RF trn, sd & fwd L to fc WALL (W fwd R to CP, -, sd L, fwd R  
 between M's ft);  
 16 {sd RLOD brk bk rec} Sd R, -, bk L to ½OP, rec R;

PART B

- 1-4 LUNGE SD & TWIRL RLOD; NEW YORKER; ½ BASIC/LADY CHEST PUSH AWAY; FWD BRK:**
- 1 {*lunge sd & twrl RLOD*} Blending to BFLY lunge sd L ckg, -, raising ld hnds rec R leading W to twrl LF, XLif (W lunge sd R ckg, -, twrl LF L, R);
- 2 {*new yorker*} Sd R w/ rise, -, thru L to fc RLOD, bk R to fc;
- 3 {*1/2 basic/lady trn away*} Sd L, -, bk R, strong fwd L following lady (W sd R to slight V pos R hnd on M's chest, -, fwd L DRW trng ½ LF, sm bk R);
- 4 {*fwd brk*} Joining ld hnds sd & fwd R, -, fwd L, bk R;
- 5-8 FENCELINE W/ ARMS 2X;; UNDERARM TURN; HIP LIFT TO CP:**
- 5-6 {*fenceline w/ arms 2x*} Blending to BFLY sd L sweeping trailing arms up & over, -, XRif hnds toward LOD, bk L returning to BFLY; Sd R sweeping arms up & over, -, XLif hnds toward RLOD, bk L returning to BFLY;
- 7 {*undarm trn*} Sd L, -, XRIB lead W to trn RF und ld hnds, fwd L (W trng RF sd & fwd R, -, fwd L cont RF trn, rec R to CP);
- 8 {*hip lift*} Sd R bringing L to R, -, w/ slight pressure lift R hip, lower hip;
- 9-12 TURNING BASIC;; CROSS BODY TO HND SHAKE; SHADOW NEW YORKER:**
- 9-10 {*trng basic*} Sd & fwd L w/ slight RF upper body trn, -, trng LF bk R w/ slip piv action, sd & fwd L to fc COH; Sd & fwd R, -, fwd L w/ contra ck action, rec R;
- 11 {*x body*} Sd & bk L trng LF, -, bk R w/ slipping action, cont LF trn fwd L joining R hnds (W sd & fwd R, -, fwd L XIF of M trng LF, sm step sd R);
- 12 {*shad NY*} Sd R w/ rise, -, thru L to fc RLOD, bk R to fc;
- 13-16 PARALLEL CROSS BODY 2X INTO A FACING FAN;; OPEN BREAK:**
- 13-14 {*parallel X body 2x*} Keeping handshake sd L, -, bk R to fc LOD leading lady to Xif, rec L in slight L pos feg LOD (W sd R, -, fwd L crossing IF of man, sd & bk R twd DLC trng ¼ LF to fc WALL); Fwd R, -, fwd L crossing IF of woman, sd & bk R twd DLC trng ½ LF to fc Wall (W sd L LOD leading M fwd, -, slip bk R to fc LOD, rec L to slight L pos):
- 15 {*into feg fan*} Keeping handshake sd L, -, rk bk R to fc LOD leading lady LOD changing hnds, rec fwd L to LOP LOD (W fwd R, -, fwd L trng LF, bk R to fc RLOD);
- 16 {*op brk*} Sd R, -, bk L, rec R;

INTERLUDE

- 1-2 RIGHT PASS TO LOW BFLY WALL; HIP ROCKS:**
- 1 {*R pass*} Fwd L w/slight RF trn raise ld hnds to create window, -, XRib of L trn RF fwd L to fc WALL (W fwd R look at ptr thru window, -, fwd L trng LF, bk R trng LF und jnd hnds to fc COH);
- 2 {*hip rks*} Sd R roll hip sd & bk, -, rec L w/ hip roll, rec R w/ hip roll to low BFLY;
- 3-6 START A FAN INTO HOCKEY STICK (LADY SPIRAL);; LUNGE BREAK:**
- 3 {*fan*} Sd L, -, bk R, rec sd L feg WALL (W sd & fwd R, -, fwd L, bk R trng LF);
- 4 {*start hockey stk*} Sd R, -, fwd L, bk R (W sm bk L to fan pos, -, cl R, fwd L);
- 5 {*fin hockey stk*} Sd L & slightly bk, -, sd & fwd R w/slight RF trn, fwd L DRW (W fwd R [(optional spiral LF), -, fwd L, fwd R trng LF ½ und jnd hnds);
- 6 {*lunge brk*} Sd & fwd R, -, lower on R extending L sd & slightly bk, rise on R bringing lady fwd (W sd & bk L, -, bk R contra ck sit line, rec fwd L);

**REPEAT PART A****REPEAT PART B**ENDING

- 1-3 R PASS BLENDING TO CP WALL; SYNCOPATED HIP ROCKS (S&OO); TO A RIGHT LUNGE:**
- 1 {*R pass*} Fwd L w/slight RF trn raise ld hnds to create window, -, XRib of L trn RF fwd L to fc WALL blending to CP(fwd R look at ptr thru window, -, fwd L trn LF, bk R trng LF und jnd hnds to fc COH);
- s&qq 2 {*sync hip rks*} Sd R, -, rec L/rec R, rec L;
- 3 {*R lunge*} Sd & fwd R on soft knee look R (W look well L), -, hold, -;